

YOU'RE INVITED TO "AMPLIFY II" in 2020!!"

Join our Quest & Follow Your Heart to a Path of Purpose!



**"When you learn, teach.
When you get, give."
Maya Angelou**

Hey, Soul Sister! How would YOU like to:

- ♥ **CONNECT to a higher level of *Self-Awareness*?** (to live by design, not default)
- ♥ **INSPIRE yourself to embody a healthy *Self-Love*?** (to love others more)
- ♥ **SERVE in the highest way through *Self-Leadership*?** (to lead others better)
- ♥ **AMPLIFY your soul purpose and positive impact?** (to create a We-Centered world)

In honor of the New Year, I'm over-the-moon excited to invite you to join us as we embrace the joys of a Restorative lifestyle – working smart, playing hard, and resting well so we can rise up to our personal and professional challenges with more grace, grit, and gratitude this year.

Our Innovative Program, "AMPLIFY" is deliberately crafted to build upon the concepts and Balanced Success tools from the Elevate program. This small group mastermind is Divinely designed to help you find your calling and use your unique gifts and talents to rock your mission and make the world a better place.

If you're a 'lightworker': "A person driven and motivated to do work which makes the world a better place, improves people's lives, and/or elevates people to a higher level of consciousness." (Wiktionary) this program is for you! If there's a stirring in your soul to leave graceful footprints in the world in ANY role that adds light to the world, this is for you! Whether a teacher, healer, woman who desires to create a legacy of love, this is for you!

During this program, we'll use an Integrated Energy Assessment tool to help identify what's fueling the patterns that are holding you back and depleting life force energy, and to get clear about the action steps you need to take to change them.

The Mission of this Program:

Once we identify what's fueling the patterns that are holding you back and depleting life force energy, and to get clear about the action steps you need to take to change them, we will continue integrating the layered learning of our Elevate program, Providing Exceptional Leadership Training and Professional Group Coaching, giving you the necessary tools to stay Focused, Positive, and Excited about Work and Life while promoting Highly Productive, Heart-Centered Collaboration and Balanced Success.

All Synergy Leadership Development Programs are designed to provide massive support, structure, encouragement, accountability, clarity, training, laughter, mindset shifts – in an unconditionally accepting, relaxed environment where you feel seen, heard, and supported.

Will you indulge yourself for one precious moment? Imagine what you could be, do, or have with a record-high return on the energy, time, and resources that you invest in next year? Consider gifting yourself the love and support you deserve to create a life you love. And say “YES” to this life-changing journey with a phenomenal tribe of soul-sisters.

Soul Sisters are Precious (& the Secret Sauce to Keep Burnout at Bay!)

Close-knit “soul sisters” keep you growing, stretching, and learning – they keep you accountable to your highest values. They make you laugh and feel more like yourself when you’re with them.

I used to think that friends were the people who unconditionally comforted you when you felt wronged, showed up for you when you felt needy and insecure, joined you in righteous indignation when you felt angry, and validated you when life isn’t going your way. But also my most valuable friends are the ones who stand for my soul, even when that means saying something my ego doesn’t want to hear.

When a friend stands for your soul, she holds you accountable to your highest potential and expects you to do the same for her. When a friend stands for your soul, she understands how your ego operates—and loves and accepts you in spite of-*even because of*- what she knows. But she doesn’t sit by complacently when she watches you create your own suffering. She calls you on it lovingly and pushes you in the direction of your highest self.

*“I am a beacon of light shining in the darkness;
within me burns the fire of inspiration urging me onward and upward.
I feed this fire with Grace, Grit, and Gratitude—offering space to everything &
everyone, including myself, in which to awaken, remember, decide, and grow.
From this place of Transformative Synergy we all surrender to the process of
first F.L.Y.ing, and then SOARing, into a higher state of Being.”*

~ Christina Kunkle

EVERYTHING You'll Receive:

Features:

- **New Decade, New You! “Dream~Declare~Design~Do” Vision Board Workshop** at Beyond Restaurant Jan 6th, 2020
- **Mid-Year Restorative Weekend Retreat @ Wintergreen Resort** (\$397 Value)
- **Quarterly Touchpoints (II & IV): 2 Restorative ½ day Adventures April & October** (Think: “Work Smart, Play Hard, Rest Well”!) (\$257 per retreat = \$514 Value)
- **Monthly 12 VIP Passes to Synergy Success Circle Meetings.** (\$240 Value)
- **Monthly Dynamic, Inspirational & Co-created Group Sessions** (\$997 Value)

Our Amplify meetings will incorporate small group masterminding to bring out the wisdom and experiences of the group, along with direct coaching. We are now “Doing Life Together” and reflecting both power and potential back to one another as we grow and experiment with the Balanced Success tools we’ve learned. For the Mastermind component, you’ll bring your questions and receive answers from the group. You’ll also provide suggestions, ideas, and your lessons learned in response to other women’s questions. The group is always smarter than any single person - this format really lets the group intelligence shine, and come together in support of each other (and you can never get *too much* support in your work and life!). Accountability is one of the top benefits of coaching. It’s what will ensure that you get the most possible out of this group coaching program.

- **3 60 min Clarity Coaching sessions, (Just you and me! First 2 in January & July). Session #1 to set clear Intentions and Session #2 to help keep you on track with your goals.** Topics can range from discussing your mindset and helping you move through limiting beliefs; to further exploring specifics of leadership. You’ll be amazed at how much we accomplish in these sessions. This will also help you practice FOCUS, a key skill for productivity. **Session #3 can be used at any time**, so if you get stuck, simply reach out to arrange additional one-on-one time with me. Any add-on sessions **will be credited with a 25% VIP discount.** (\$771 Value)
- **Weekly: Soul-Sister Heart Check-in’s** (our secret sauce = Priceless!)
- **Weekly: “Sunday Sojourn” ~ A Weekly Practice for Clarity** (encouraged)
- **Daily: Meaningful Morning Practices to Start Your Day Strong** (encouraged)
- **Situational: Priority appointments for add-on 1:1 Reiki Healing Sessions with 25% VIP discount**

2020 SYNERGY SUCCESS CIRCLES Overview:

Synergy Success Circle Lunches

2020 2nd Wednesday 11:30 AM - 1:00 PM
McAlister's Deli, Harrisonburg

January 8th
February 12th
March 11th
April 8th
May 13th
June 10th
July 8th
August 12th
September 9th
October 14th
November 11th
December 9th

Synergy Success Circle Dinners

2020 2nd Wednesday 5:30 PM - 7:00
PM McAlister's Deli, Harrisonburg

January 8th
February 12th
March 11th
April 8th
May 13th
June 10th
July 8th
August 12th
September 9th
October 14th
November 11th
December 9th



2020 AMPLIFY II Program Overview:

2020 Amplify II

Mastermind Monthly Sessions

2nd Wednesday 7:30 PM - 9:30 PM
Ameriprise Office, Harrisonburg

January 8th
February 12th
March 11th
April 8th
May 13th
June 10th
July 8th
August 12th
September 9th
October 14th
November 11th
December 9th

Connections, Socials & Surprises

Days, Times, and Locations
will be co-created & TBA

January 6th Visionboards!
February
March
April 1/2 Day Retreat
May
June
July Mid-Year Retreat
August
September
October 1/2 day Retreat
November
December



In addition to Amplify Mastermind curriculum, participants receive ALL THE GOODIES from every level below it, with an all-access invitation to any and all programs offered in 2020. That means the Synergy Success Circles and any special events or workshops offered.

January 6th I Quarter Kick-Off Workshop

New Decade, New You! “Dream~Declare~Design~Do” Vision Board Workshop
at Beyond Restaurant Jan 6th, 2020

January 8th Amplify Mastermind

February 12th Amplify Mastermind
+ Connections, Socials & Surprises

March 11th Amplify Mastermind
+ Connections, Socials & Surprises

April 8th Amplify Mastermind

April II Quarter ½ Day Retreat/Adventure

May 13th Amplify Mastermind
+ Connections, Socials & Surprises

June 10th Amplify Mastermind
+ Connections, Socials & Surprises

July 8th Amplify Mastermind

July IV Quarter Mid-Year Weekend Retreat at Wintergreen! Date TBA

August 12th Amplify Mastermind
+ Connections, Socials & Surprises

September 9th Amplify Mastermind
+ Connections, Socials & Surprises

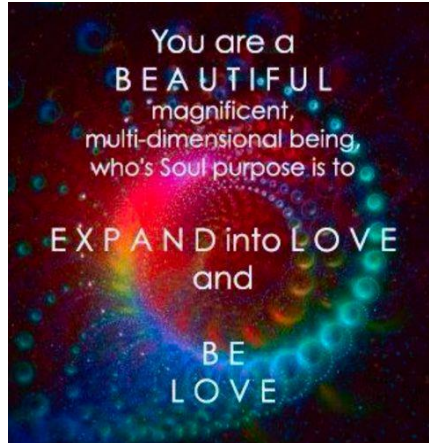
October 14th Amplify Mastermind

October IV Quarter ½ Day Retreat/Adventure

November 11th Amplify Mastermind
+ Connections, Socials & Surprises

December 9th Amplify II Celebrations Session 😊

An Advanced and Powerful Blend of Best Practices Sprinkled through the Year



The Life You Were Born To Live ~ building on The 12 Laws of Spirit (Dan Millman)

Integrated Energy Tools to Dig 5 Layers Deep to BE Your Best Self

Honoring High Sensitivity + how to nurture and protect energetic boundaries

How to Use a Pendulum for guidance and Tips for Fine-Tuning Your Intuition

Using your Inner Wisdom as a Compass

A Deep dive into the 4 Essential Life Skills to Build Resilience and Boost Your Health, Happiness, and Prosperity:

1. Living to Work, not Working to Live
2. Adaptability
3. Flexibility
4. Agility

ABC's, 1-2-3's, Precepts and Kaizen Philosophies for Balanced Success

5 Reiki Principals + Energy Healing tools to calm a stressed nervous system

The 5 Agreements (Don Miguel Ruiz)

The Emotional Freedom "Tapping" Technique...and much, much more 😊

*"There is a space for you in the world with your name on it...
and your part is the lead part. No matter who you are,
it's the lead. Because only you can play it,
and without you it doesn't happen." ~Flo Magdalena*

 **AMPLIFY IN 2020!** 
Leadership Development Program Application

Please complete, (E)-sign & return agreement
Or mail to 4033 Cannery Woods Drive, Bridgewater, VA 22812
to save your space in the program

Name _____

Address _____

Email _____

Day Phone _____ Evening _____

Birthday (Date and Year) ____/____/____

Investment:

My intention is to make this program AFFORDABLE FOR EVERYONE. Simply choose which of these two options best suits you: For your convenience I accept checks, and credit card payments through Venmo or Pay Pal.

1. __\$1,997 pre-pay in full early-bird before January 11th, 2020 (Save 3% + BONUS gift!).
2. __12 payments of \$171.41 each (first payment due at time of registration, remaining 11 payments due by 11th day of each month Feb through Dec 2020). Or, choose a due date!

Your payments **may be tax deductible as professional expense** or able to be withdrawn from flexible spending accounts. Please check with your employer &/or tax consultant.

To help ensure our time together is spent on issues that are of greatest importance to you, please keep payments easy-breezy. I ask for your prompt attention to this detail.

I understand that Christina Kunkle is not a licensed therapist and that I am responsible for all my decisions, actions and feelings.

Congratulations on giving yourself the gift of Coaching! Get ready for the amazing results of having **Inspiration, Motivation, Education, Synergy of Partnership, and Accountability** built into your powerful Group Coaching program!

Participant Signature _____ **Date** _____

***Partial Scholarships available. For more information
Contact Christina Kunkle 540-746-5206***